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Question 1. Which of the following statements reflects a common misconception about children's abilities?

(a) Children cannot think before they speak.

(b) Children do not understand the events around them.

(c) Children do not explain everything like adults do.

(d) Children can understand many words even before they speak.

Ans.- a

Question 2. Childhood experiences differ mainly because of differences in —

(a) Nutrition

(b) Socio-cultural settings

(c) Sleep pattern

(d) Family income only

Ans.- b

Question 3. Which of the following best describes a child's fantasy play?

(a) It is unrelated to real life.

(b) It reflects the world around them.

(c) It replaces real experiences.

(d) It shows laziness in children.

Ans.- b

Question 4. A newborn recognizes the mother primarily by —

(a) Her voice and touch

(b) Toys around

(c) Smell of milk only

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(d) Loud sounds

Ans.- a

Question 5. Curiosity in children helps in —

(a) Imitation

(b) Learning and exploration

(c) Sleeping better

(d) Avoiding mistakes

Ans.- b

Question 6. The term "conception" refers to —

(a) The time of delivery

(b) The union of sperm and ovum

(c) The period after birth

(d) The end of pregnancy

Ans.- b

Question 7. The zygote attaches itself to the wall of the uterus during —

(a) Fertilization

(b) Implantation

(c) Delivery

(d) Foetal period

Ans.- b

Question 8. The placenta performs which of the following functions?

(a) Formation of bones

(b) Exchange of nutrients and oxygen

(c) Circulation of air in lungs

(d) None of the above

Ans.- b

Question 9. The period of the embryo lasts from —

(a) Conception to two weeks

(b) 3rd to 8th week

(c) 9th week to birth

(d) 1st to 3rd week

Ans.- b

Question 10. The developing baby is called a foetus from —

(a) 3rd week

(b) 9th week until birth

(c) 5th month only

(d) After delivery

Ans.- b

Question 11. Prenatal development proceeds —

(a) Randomly

(b) Head-to-toe and centre-to-ends

(c) Legs to head

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(d) None of these

Ans.- b

Question 12. The fluid inside the amniotic sac —

(a) Nourishes the foetus

(b) Protects the foetus from shocks

(c) Hardens the bones

(d) Helps delivery

Ans.- b

Question 13. Which nutrient is most essential during pregnancy?

(a) Sugar

(b) Iron and proteins

(c) Soda

(d) Salt

Ans.- b

Question 14. Emotional state of the mother during pregnancy —

(a) Has no effect

(b) Affects baby's development

(c) Only affects delivery time

(d) None of these

Ans.- b

Question 15. By the end of one year, an infant's weight —

(a) Remains the same

(b) Doubles

(c) Triples

(d) Reduces

Ans.- c

Question 16. The first set of teeth in toddlers are called —

(a) Primary teeth

(b) Milk teeth

(c) Permanent teeth

(d) Baby bones

Ans.- b

Question 17. The brain reaches half its adult weight by —

(a) Birth

(b) Two years

(c) Five years

(d) Twelve years

Ans.- b

Question 18. Gross motor skills involve —

(a) Small muscle control

(b) Large muscle movement

(c) Thinking skills

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(d) Emotional control

Ans.- b

Question 19. Fine motor skills mainly involve —

(a) Large body parts

(b) Hands and fingers

(c) Running and jumping

(d) Leg movement

Ans.- b

Question 20. By two years of age, most toddlers can —

(a) Read short words

(b) Walk steadily

(c) Talk in full sentences

(d) Write alphabets

Ans.- b

Question 21. Preschool children gain height approximately —

(a) 1 inch per year

(b) 5 to 7.5 cm per year

(c) 10 cm per month

(d) 1 cm per year

Ans.- b

Question 22. The brain reaches about 90% of adult weight by —

(a) Age 3

(b) Age 6

(c) Age 10

(d) Adolescence

Ans.- b

Question 23. Which of the following improves a preschooler's coordination?

(a) Watching TV

(b) Physical play and practice

(c) Long sleep

(d) Memorization

Ans.- b

Question 24. Immunization protects children from —

(a) Emotional stress

(b) Infectious diseases

(c) Accidents

(d) Sleep disorders

Ans.- b

Question 25. The round belly of a toddler becomes flat during —

(a) Infancy

(b) Preschool years

(c) Teenage

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(d) Adulthood

Ans.- b

Question 26. Preschoolers' eyes are usually —

(a) Fully developed

(b) Farsighted

(c) Nearsighted

(d) Weak

Ans.- b

Question 27. Children's games like "Doctor-Doctor" mainly help in —

(a) Role imitation

(b) Learning alphabets

(c) Avoiding errors

(d) Punishing friends

Ans.- a

Question 28. Outdoor play activities primarily help in —

(a) Sleep regulation

(b) Gross motor development

(c) Colour recognition

(d) Table manners

Ans.- b

Question 29. Indoor play with beads or blocks promotes —

(a) Fine motor coordination

(b) Large muscle control

(c) Running skills

(d) Sleep

Ans.- a

Question 30. Games like balancing or climbing mainly develop —

(a) Vocabulary

(b) Physical coordination

(c) Emotional maturity

(d) None

Ans.- b

Question 31. Play helps children —

(a) Waste time

(b) Learn social and motor skills

(c) Avoid communication

(d) Stay silent

Ans.- b

Question 32. Which of the following is NOT a benefit of play?

(a) Promotes creativity

(b) Builds confidence

(c) Increases aggression

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(d) Improves motor coordination

Ans.- c

Question 33. Dramatic play allows children to —

(a) Memorize poems

(b) Express feelings and imagination

(c) Stay quiet

(d) Sleep longer

Ans.- b

Question 34. Listening to stories helps children in —

(a) Physical growth

(b) Language and imagination

(c) Digestion

(d) None

Ans.- b

Question 35. Fantasy in children's play primarily —

(a) Separates them from reality

(b) Helps understand the real world

(c) Is useless

(d) Creates confusion

Ans.- b

Question 36. Storytelling enhances —

(a) Motor coordination

(b) Language, emotion and imagination

(c) Physical growth

(d) Muscle strength

Ans.- b

Question 37. A story with moral lessons contributes to —

(a) Emotional and moral development

(b) Only physical growth

(c) Discipline through fear

(d) None

Ans.- a

Question 38. The ICDS Programme stands for —

(a) Integrated Child Development Scheme

(b) Indian Child Development System

(c) Integrated Care Development Service

(d) None

Ans.- a

Question 39. The age group focused in ICDS is —

(a) 0–6 years

(b) 7–12 years

(c) 13–18 years

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